

The Consortium

Project Coordinator

POLIBIENESTAR
UNIVERSITAT DE VALÈNCIA

Project Partners



MIG-HEALTH APPS
Mobile Health Apps for Migrants

FOR FURTHER INFORMATION



Project Duration:
01/11/2022 - 31/10/2024



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Training Migrants in the Use of Health Apps

www.apps4health.eu

Outputs

- Co-created **Experiential Training Methodology** with the direct participation of end users.
- **Training Activities** to be performed in person or remotely.
- Project's **E-Training Platform** and **mobile App** for supporting specific e-training scenarios.



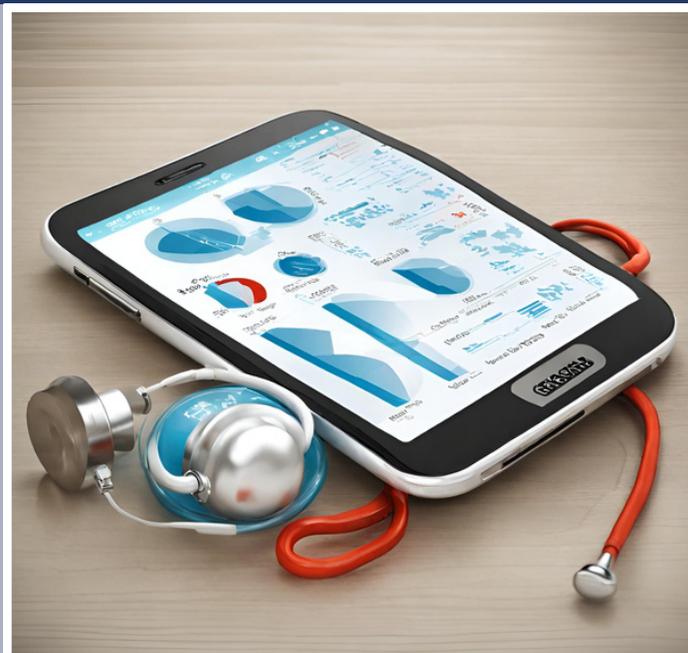
Specific Objectives:

- To **enhance** the adoption of **Health Apps** by migrants.
- To **empower** migrants to play a more active role in their **health self-management**.
- To **involve and train migrants and peers** to be able to support Newcomers.



About the Project

The use of health applications has been increasing in recent years and can be a useful resource to enhance the well-being of migrants. Apps are poised to become a major source of health guidance. **Migrants** tend to **suffer** serious **disparities** in accessing **healthcare**, with many of them experiencing worse health outcomes than the native population. **Health Applications** might help **overcome** these **disparities**. The project aims to increase the awareness of and self-management skills of migrants in the use of health apps and thus makes an important contribution to stabilising and financing national European healthcare systems.



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